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| **SUNDAY 3/1**  **THE RETREAT AT CHURCH RANCH** | **MONDAY 3/2** | **TUESDAY 3/3** | **WEDNESDAY 3/4** | **THURSDAY 3/5**  **March 1st – March 7th**  **th** | **FRIDAY 3/6** | **SATURDAY 3/7** |
| **Breakfast**  Fried Eggs  Bacon  Biscuit & Marmalade  Fruit  Hot or Cold Cereal | **Breakfast**  Strawberry Coconut Scone  Breakfast Ham  Fruit  Egg Option  Hot or Cold Cereal | **Breakfast**  Ginger Apple Coffee Cake  Sausage  Fruit  Egg Option  Hot or Cold Cereal | **Breakfast**  Eggs Florentine  Yogurt  Fruit  Egg Option  Hot or Cold Cereal | **Breakfast**  Blueberry Pancakes  Bacon  Fruit  Egg Option  Hot or Cold Cereal | **Breakfast**  Creamed Beef on Toast  Hashbrowns  Fruit  Egg Option  Hot or Cold Cereal | **Breakfast**  Waffles w/Honey Butter  Sausage  Fruit  Hot or Cold Cereal |
| **Lunch**  Fried Cod w/Tartar Sauce  French Fries  Coleslaw  Dessert | **Lunch**  Spaghetti w/Marinara  Caesar Salad  Garlic Bread Stick  Dessert | **Lunch**  Steak Tenderloin Bites w/Sherry Cream Sauce  ½ Baked Potato  Steamed Asparagus  Dessert | **Lunch**  Mozzarella Breaded Chicken  Brussel Sprouts  Melon Slice  Dessert | **Lunch**  Beef Stroganoff over Pasta  Side Salad w/Poppyseed Dressing  Dessert | **Lunch**  Shredded Chicken Tacos w/Salsa  Refried Beans  Melon Slice  Dessert | **Lunch**  Honey & Thyme Grilled Pork  Paprika Potatoes  Cauliflower  Dessert |
| **Dinner**  Ham & Potato Hand Pies  Green Bean Casserole  Nutella Swirl Cupcakes | **Dinner**  Creamy Chicken & Rice Soup  Side Salad  Vanilla Pudding | **Dinner**  Ratatouille Stew  Provolone & Ham Melt on Foccacia Bread  Orange Creamsicle Cake | **Dinner**  Shrimp Tacos w/Tropical Slaw  Summer Corn Salad  Lime Meltaway Cookies | **Dinner**  Club Sandwich  Chips  Lil’ Gerkin Pickles  Cherry Kutchen Bars | Dinner  Hamburger & Macaroni Casserole  Waldorf Salad  Pineapple Upside Down Cake | Dinner  Corn Chowder  Grilled Ham & Cheese Sandwich  Chocolate Chip Walnut Bars |

**If you have any questions about the menu or specific dishes, please do not hesitate to ask the chef. We are more than happy to answer any questions.  
\*\*\*Please request any alternative orders or menu changes at least an hour in advance.\*\*\***  
**Alternate Choices**: Eggs cooked to order. Chicken Noodle or Tomato Soup. Hamburger/Cheeseburger. Grilled Cheese, Grilled Ham and Cheese, Grilled Bacon & Cheese, Deli, PB&J, or BLT. Chef’s Salad. Baked Potato. Chicken Nuggets. Tuna Salad. Individual-Sized Pizza. Spam, Beenie Weenies   
**Side Choices:** Chips, Cottage Cheese, Fresh Fruit, Tomato Slices, Side Salad, Jell-O, Carrot & Celery Sticks.  
**Beverage Choices**: Water, Coffee (Decaf and Regular), Hot Tea (Mint, Chamomile, Sleepytime, Green, Apple Cinnamon, Mandarin Orange, Black, Decaf), Iced Tea, Milk, Chocolate Milk, Orange Juice, Apple Juice, Lemonade, Cranberry Juice, Prune Juice, Hot Cocoa, Apple Cider, Tomato Juice.