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|  **SUNDAY 3/1****THE RETREAT AT CHURCH RANCH** | **MONDAY 3/2** | **TUESDAY 3/3** | **WEDNESDAY 3/4** | **THURSDAY 3/5****March 1st – March 7th** **th**  | **FRIDAY 3/6** | **SATURDAY 3/7** |
| **Breakfast**Fried EggsBaconBiscuit & MarmaladeFruitHot or Cold Cereal | **Breakfast**Strawberry Coconut SconeBreakfast HamFruitEgg OptionHot or Cold Cereal | **Breakfast**Ginger Apple Coffee CakeSausageFruitEgg OptionHot or Cold Cereal | **Breakfast**Eggs FlorentineYogurtFruitEgg OptionHot or Cold Cereal | **Breakfast**Blueberry PancakesBaconFruitEgg OptionHot or Cold Cereal | **Breakfast**Creamed Beef on ToastHashbrownsFruitEgg OptionHot or Cold Cereal | **Breakfast**Waffles w/Honey ButterSausageFruitHot or Cold Cereal  |
|  **Lunch**Fried Cod w/Tartar SauceFrench FriesColeslawDessert | **Lunch** Spaghetti w/MarinaraCaesar SaladGarlic Bread StickDessert | **Lunch** Steak Tenderloin Bites w/Sherry Cream Sauce½ Baked PotatoSteamed AsparagusDessert | **Lunch**Mozzarella Breaded ChickenBrussel SproutsMelon SliceDessert | **Lunch**Beef Stroganoff over PastaSide Salad w/Poppyseed DressingDessert | **Lunch**Shredded Chicken Tacos w/SalsaRefried BeansMelon SliceDessert | **Lunch**Honey & Thyme Grilled PorkPaprika PotatoesCauliflowerDessert |
| **Dinner**Ham & Potato Hand PiesGreen Bean CasseroleNutella Swirl Cupcakes | **Dinner** Creamy Chicken & Rice SoupSide SaladVanilla Pudding | **Dinner**Ratatouille StewProvolone & Ham Melt on Foccacia BreadOrange Creamsicle Cake | **Dinner** Shrimp Tacos w/Tropical SlawSummer Corn SaladLime Meltaway Cookies | **Dinner**Club SandwichChipsLil’ Gerkin PicklesCherry Kutchen Bars | DinnerHamburger & Macaroni CasseroleWaldorf SaladPineapple Upside Down Cake | DinnerCorn ChowderGrilled Ham & Cheese SandwichChocolate Chip Walnut Bars |

**If you have any questions about the menu or specific dishes, please do not hesitate to ask the chef. We are more than happy to answer any questions.
\*\*\*Please request any alternative orders or menu changes at least an hour in advance.\*\*\***
**Alternate Choices**: Eggs cooked to order. Chicken Noodle or Tomato Soup. Hamburger/Cheeseburger. Grilled Cheese, Grilled Ham and Cheese, Grilled Bacon & Cheese, Deli, PB&J, or BLT. Chef’s Salad. Baked Potato. Chicken Nuggets. Tuna Salad. Individual-Sized Pizza. Spam, Beenie Weenies
**Side Choices:** Chips, Cottage Cheese, Fresh Fruit, Tomato Slices, Side Salad, Jell-O, Carrot & Celery Sticks.
**Beverage Choices**: Water, Coffee (Decaf and Regular), Hot Tea (Mint, Chamomile, Sleepytime, Green, Apple Cinnamon, Mandarin Orange, Black, Decaf), Iced Tea, Milk, Chocolate Milk, Orange Juice, Apple Juice, Lemonade, Cranberry Juice, Prune Juice, Hot Cocoa, Apple Cider, Tomato Juice.